

Patient Name: _____

Symptoms: Improper foot function and weight distribution of the lower extremities is often the cause of many lower leg and back injuries. In the case of the above named patient, the problems can be diagnosed as:

- | | | |
|--|--|--|
| <input type="checkbox"/> hammer toes | <input type="checkbox"/> heel spurs | <input type="checkbox"/> achilles tendonitis |
| <input type="checkbox"/> diabetic neuropathy | <input type="checkbox"/> plantar fasciitis | <input type="checkbox"/> leg length inequality |
| <input type="checkbox"/> arthritis | <input type="checkbox"/> shin splints | <input type="checkbox"/> patellofemoral syndrome |
| <input type="checkbox"/> back pain | <input type="checkbox"/> neuroma | <input type="checkbox"/> bunions |
| <input type="checkbox"/> metatarsalgia | <input type="checkbox"/> IT band syndrome | <input type="checkbox"/> severe pes planus |
| <input type="checkbox"/> other | | |

Gait analysis and biomechanical evaluation: examination reveals the following imbalances contribute to the above problem:

- | | |
|--|---|
| <input type="checkbox"/> genu valgus R L | <input type="checkbox"/> supination forefoot whole foot |
| <input type="checkbox"/> genu varus R L | <input type="checkbox"/> subtalar overpronation R L |
| <input type="checkbox"/> Other | |

Date biomechanical Exam performed _____

Date orthotics dispensed to patient : _____ **Dispensed by :** _____

Fee: The fees for the services is as follows. No part of these fees are covered by OHIP

Total: \$

Orthopedic Footwear: The footwear have a firm heel counter, extra wide toe box, extra depth heel, extra deep toe box, good torsional stability, custom orthotic footbed moulded from patient's neutral cast

Casting Technique: partial weight bearing sub-talar neutral
 non weight-bearing sub-talar neutral

Manufacturing process for Orthotics: Plaster of paris is poured into patient's cast. Carbon or Suborthelene plastic is vacuum formed over the positive mould and corrected for the specific symptom needs to create the custom orthotic.

Raw Materials: carbon fibre, subortholene, polypropylene with intrinsic memory. Postings for rearfoot and forefoot control from various durometer EVA depending on prescription

Laboratory Information and Credentials: Premier Orthotics Lab, E8-1155 Appleby Line, Burlington, ON, L7L 5H9. (905) 335.7029. **Member of PFOLA** (Prescription Foot Orthotic Laboratory Association).

Pedorthist on staff: Fareen Samji, B.Sc, B.Kin, R.T., C.Ped, C.Ped (C) . **Canadian Certified Pedorthist**

Prognosis: The gait abnormalities and existing foot problems can be managed by the devices when they are worn, but will not perform any structural reformation of the foot when not worn. The customized orthopedic shoes and orthotics are a medically prescribed item and must be worn daily for an indefinite period of time. Wearing the devices will help alleviate any gait related abnormality.